

Manual

Lifestyle Theme Configuration

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PLRWEBLOG.COM

The Lifestyle WordPress theme is an interactive theme designed with bright color and features that really grab the attention of visitors. If your goal is to turn fresh traffic into repeat traffic or leads into paying customers, this is one dynamic theme that could help get you there.

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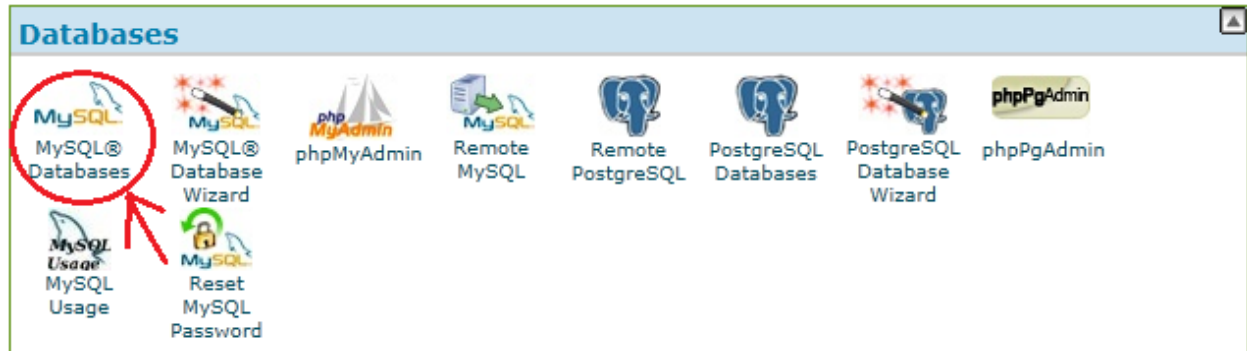
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1. How to upload files into hosting

1.1. Creating a Database

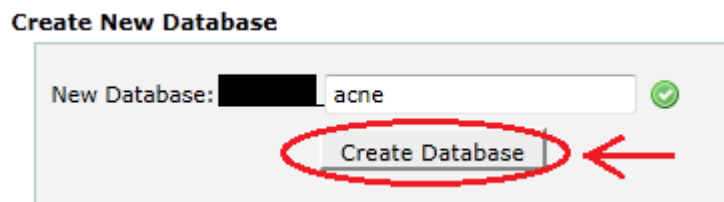
Go to your Cpanel and create a new SQL database.

Click the “MySQL Databases”



Create database, as an example, I will name it “acne”.

Click “Create Database”



Now the new database was created: xxxxxxxx_acne

(xxxxxxx is your hosting username)

Now create a new user for this database. I will name the user as “acne”.

Remember also the password - you will need it later!

MySQL Users

Add New User

Username: ✓

Password: ✓

Password (Again): ✓

Strength (why?): Very Strong (94/100) Password Generator

Create User ←

Now the new database and user were created. Let's assign the rights to the user:

Add User To Database

User: ▼

Database: ▼

Add ←

Click the “Add”

Then assign ALL privileges:


MySQL Account Maintenance

Manage User Privileges

User:

Database:

<input checked="" type="checkbox"/> ALL PRIVILEGES	
<input checked="" type="checkbox"/> SELECT	<input checked="" type="checkbox"/> CREATE
<input checked="" type="checkbox"/> INSERT	<input checked="" type="checkbox"/> ALTER
<input checked="" type="checkbox"/> UPDATE	<input checked="" type="checkbox"/> DROP
<input checked="" type="checkbox"/> DELETE	<input checked="" type="checkbox"/> LOCK TABLES
<input checked="" type="checkbox"/> INDEX	<input checked="" type="checkbox"/> REFERENCES
<input checked="" type="checkbox"/> CREATE ROUTINE	<input checked="" type="checkbox"/> ALTER ROUTINE
<input checked="" type="checkbox"/> CREATE VIEW	<input checked="" type="checkbox"/> SHOW VIEW
<input checked="" type="checkbox"/> CREATE TEMPORARY TABLES	<input checked="" type="checkbox"/> EXECUTE



Now we have username: **xxxxxxx_acne**

We also have database name: **xxxxxxx_acne**

And then we have password: **password**

1.2. Editing the files

Open **wp-config.php** which is located inside the archive **default.zip**

Just replace DB name with your **NEW db name**, replace the user with your **NEW username** and also put there your new password.

```
<?php
/**
 * The base configurations of the WordPress.
 *
 * This file has the following configurations: MySQL settings, Table Prefix,
 * Secret Keys, WordPress Language, and ABSPATH. You can find more information
 * by visiting {@link http://codex.wordpress.org/Editing_wp-config.php Editing
 * wp-config.php} Codex page. You can get the MySQL settings from your web host.
 *
 * This file is used by the wp-config.php creation script during the
 * installation. You don't have to use the web site, you can just copy this file
 * to "wp-config.php" and fill in the values.
 *
 * @package WordPress
 */

// ** MySQL settings - You can get this info from your web host ** //
/** The name of the database for WordPress */
define('DB_NAME', '████████_acne'); ←

/** MySQL database username */
define('DB_USER', '████████_acne'); ←

/** MySQL database password */
define('DB_PASSWORD', '████████'); ←

/** MySQL hostname */
define('DB_HOST', 'localhost');

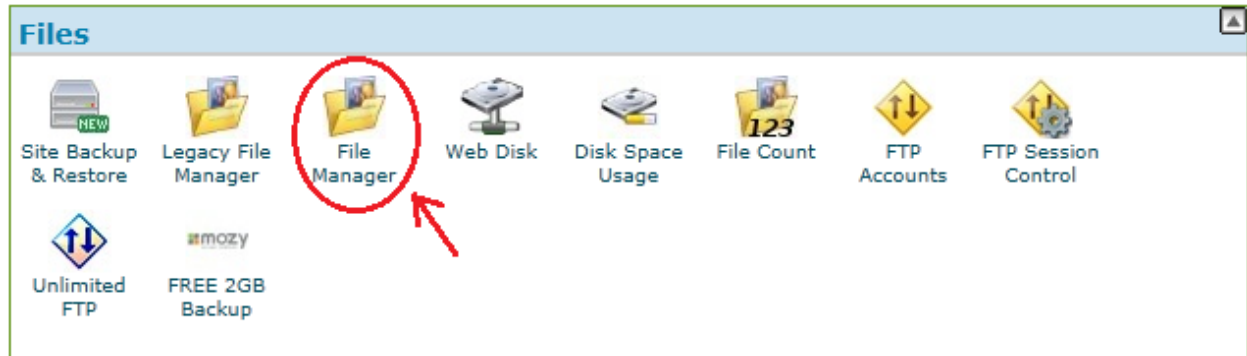
/** Database Charset to use in creating database tables. */
define('DB_CHARSET', 'utf8');

/** The Database Collate type. Don't change this if in doubt. */
define('DB_COLLATE', '');
```

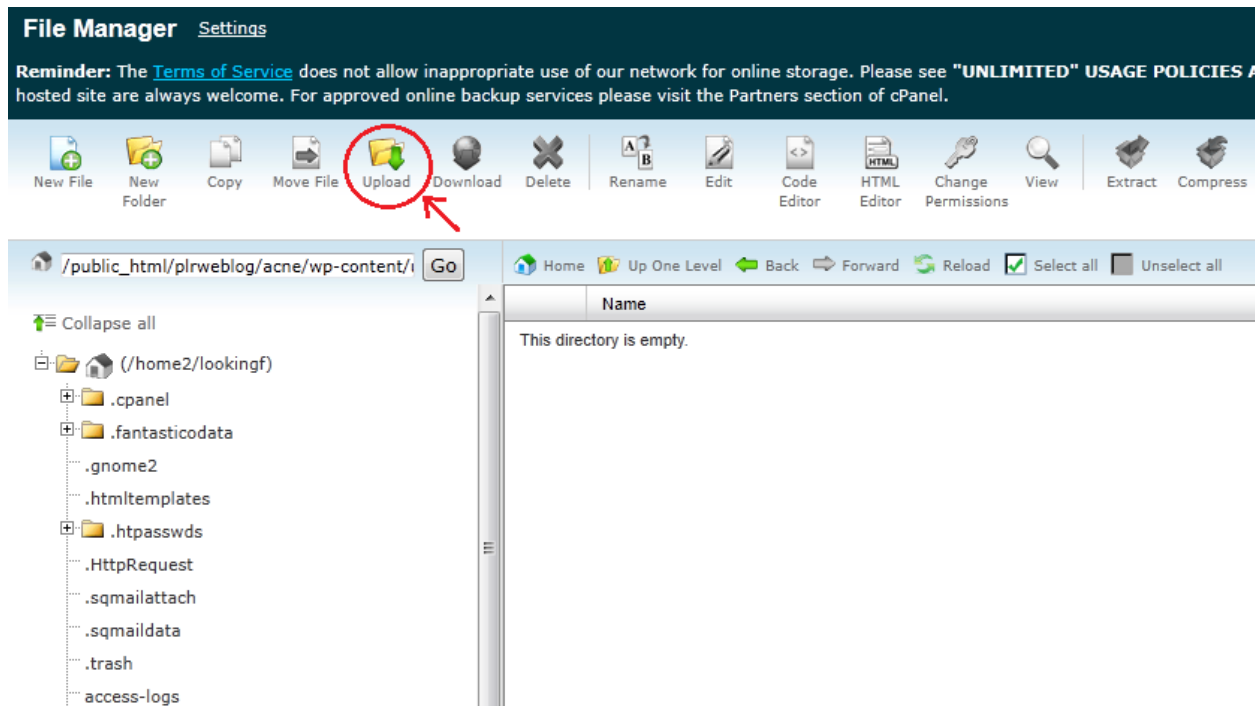
Save the file. Now we are going to upload all files into your hosting.

1.3. Upload files into hosting

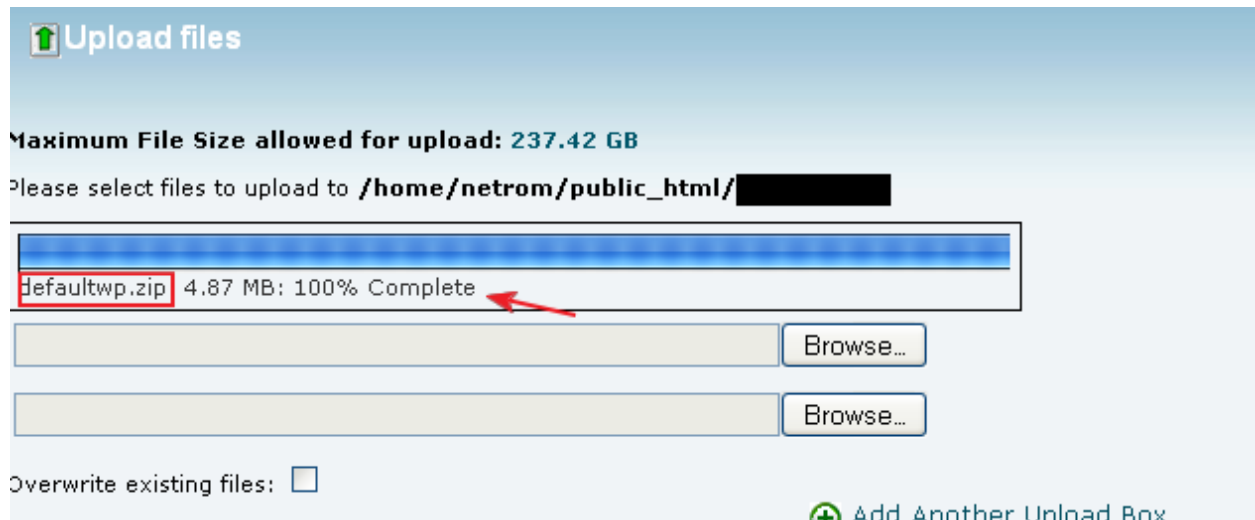
Go to your Cpanel, and select “**File Manager**”. Choose your domain or sub-domain where you want to upload the file.



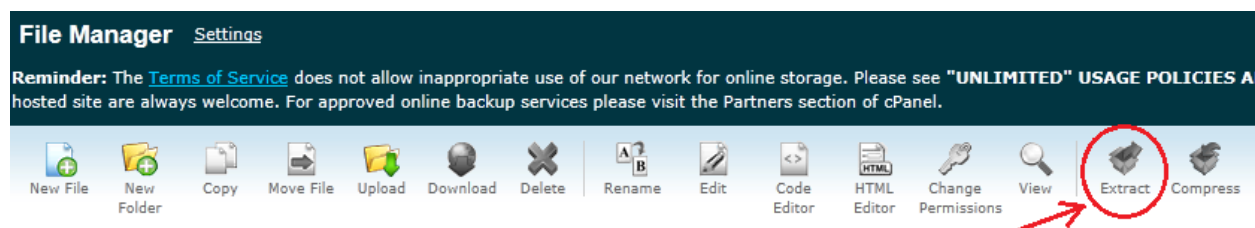
Click “**Upload**” from the top menu.

















A new page will be opened. Click “**Browse**”, and choose the file “**default.zip**”. Uploading process will start automatically.



After the file is successfully uploaded, we need to extract it. Extract button can be found on the top menu.



When it's done, you can see lots of WP files have been extracted.

Home Up One Level Back Forward Reload <input checked="" type="checkbox"/> Select all <input type="checkbox"/> Unselect all				
	Name	Size	Type	Perms
	wp-admin	4 KB	httpd/unix-directory	0755
	wp-content	4 KB	httpd/unix-directory	0755
	wp-includes	4 KB	httpd/unix-directory	0755
	index.php	397 Bytes	application/x-httpd-php	0644
	license.txt	16.5 KB	text/plain	0644
	readme.html	8.98 KB	text/html	0644
	wp-activate.php	4.24 KB	application/x-httpd-php	0644
	wp-app.php	39.3 KB	application/x-httpd-php	0644
	wp-atom.php	226 Bytes	application/x-httpd-php	0644
	wp-blog-header.php	274 Bytes	application/x-httpd-php	0644
	wp-comments-post.php	3.84 KB	application/x-httpd-php	0644
	wp-commentsrss2.php	244 Bytes	application/x-httpd-php	0644
	wp-config-sample.php	3.1 KB	application/x-httpd-php	0644
	wp-config.php	3.39 KB	application/x-httpd-php	0644

We do not need the zip file anymore. Select the zip file and click “Delete” from the top menu.

2. Setup phpMyAdmin

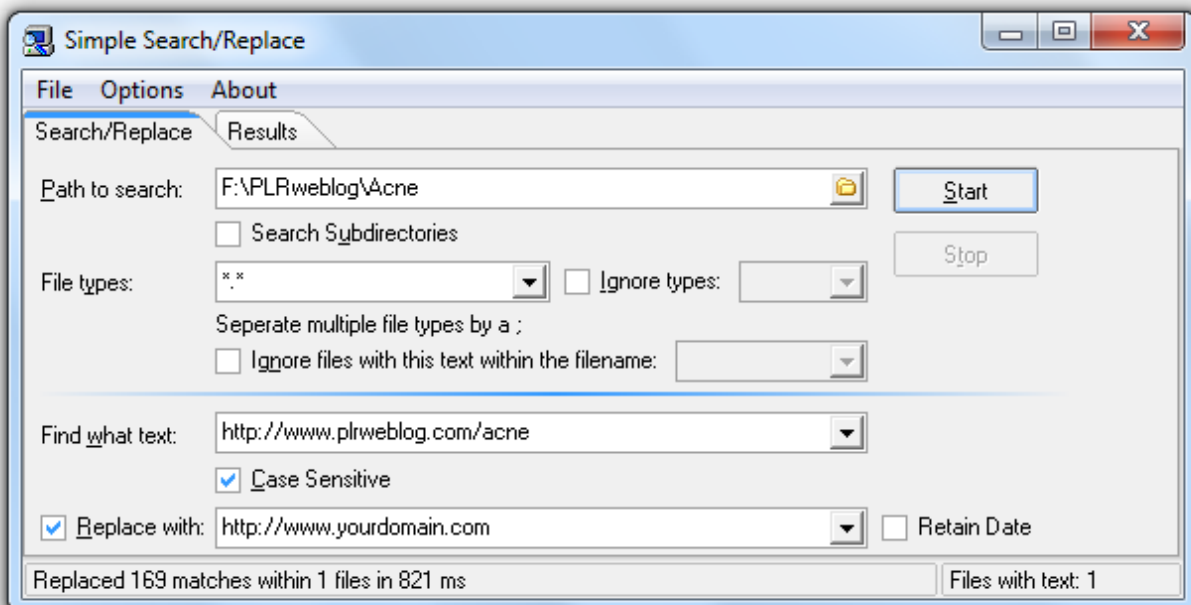
Now there is ONE more file to edit. It is the SQL file.

In order for the content to work with your domain, you need to edit the SQL file and REPLACE all instances of the default URL that you can find!

So in this case the original URL is: <http://www.plrweblog.com/acne>

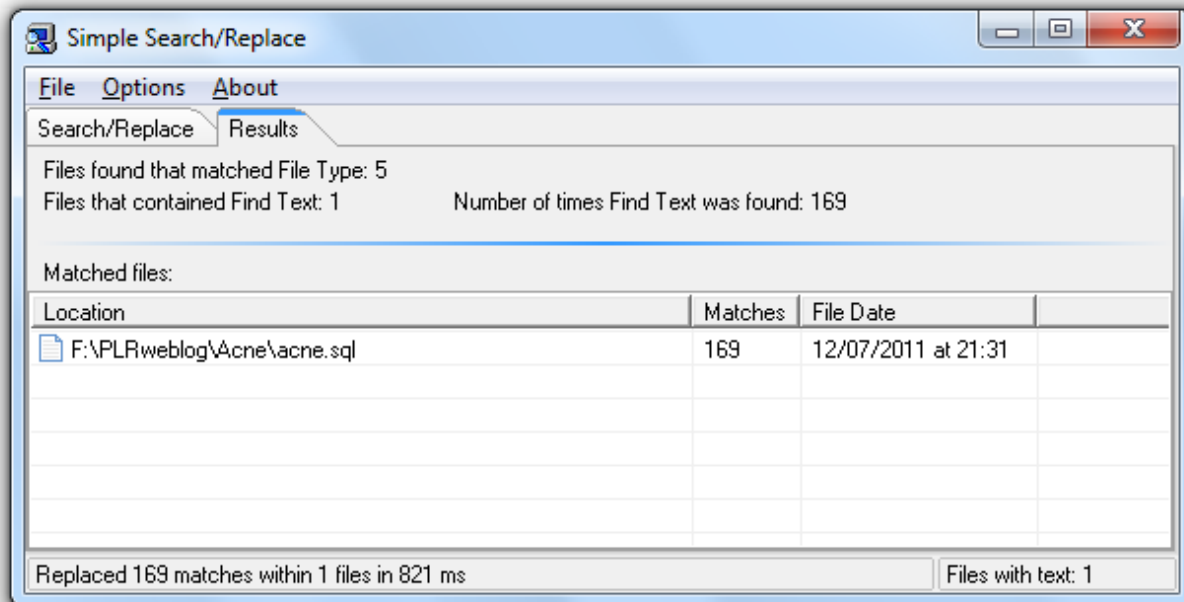
The URL need to be replaced with yours, e.g. <http://www.yourdomain.com> or <http://www.subdomain.yourdomain.com> or <http://www.yourdomain.com/folder>

You can do this quickly using free software called Simple Search Replace.

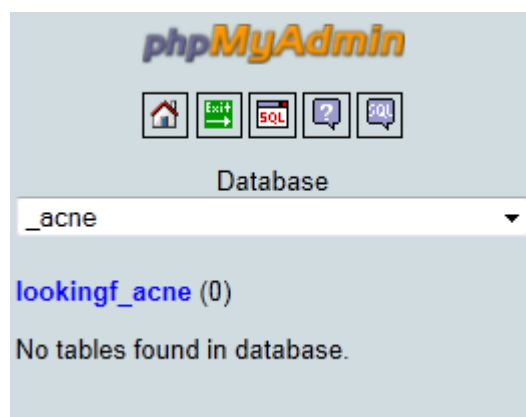
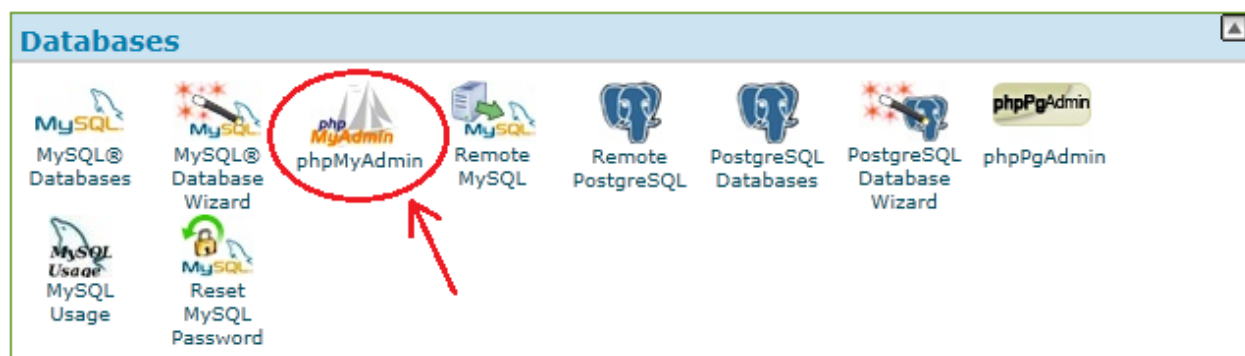


Download the software [HERE](http://www.rjlsoftware.com/software/utility/search/download.shtml).

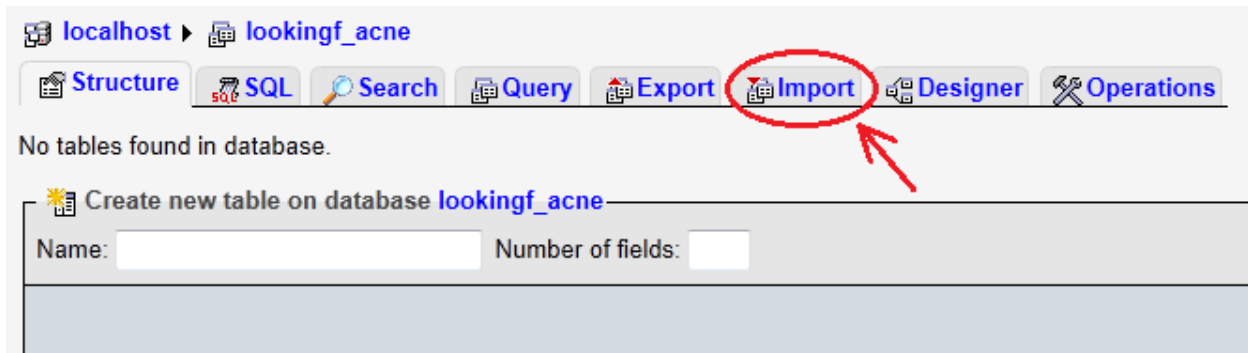
(<http://www.rjlsoftware.com/software/utility/search/download.shtml>)



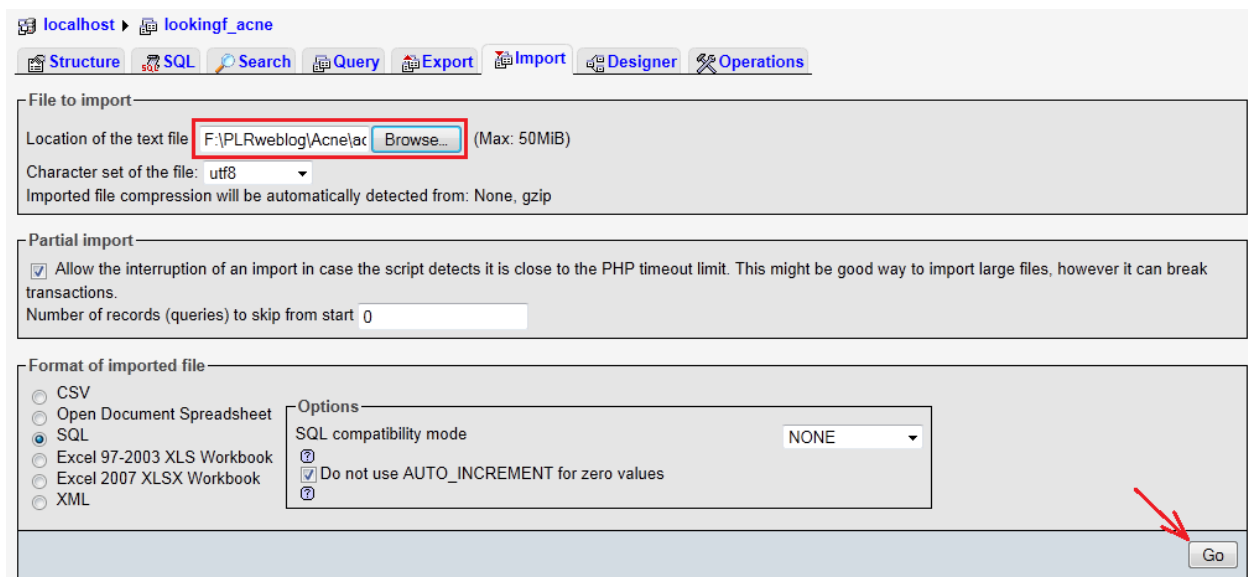
At your Cpanel, click “**phpMyAdmin**” and select the database (_acne)



Click “Import” from the top menu.



Click “Browse” and select the edited SQL file.



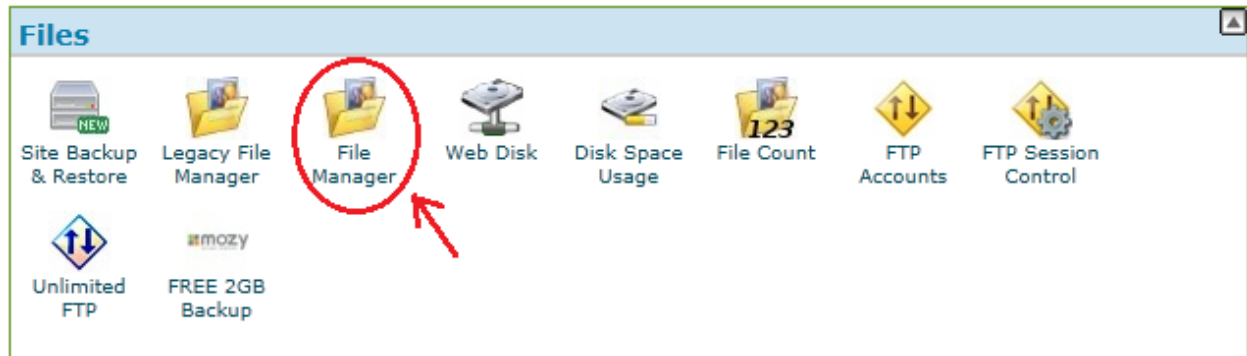
Then click “Go”.

You are DONE! Congratulations!!! Your blog is now up and running successfully.



3. How to change/edit header

Go to your File Manager again.



Proceed to public_html → wp-content → themes → Lifestyle → images

Upload your edited header in this folder.

Home Up One Level Back Forward Reload Select all Unselect all				
	Name	Size	Type	Perms
	psds	4 KB	httpd/unix-directory	0755
	468x60.gif	1.05 KB	image/x-generic	0644
	acne_header.png	93.56 KB	image/x-generic	0644
	back.jpg	13.81 KB	image/x-generic	0644
	bg.gif	1.13 KB	image/x-generic	0644
	comment.gif	1.05 KB	image/x-generic	0644
	favicon.ico	3.55 KB	image/x-generic	0644
	featuredtop.gif	1.57 KB	image/x-generic	0644
	feedburner.png	2.09 KB	image/x-generic	0644
	fullwidthtop.gif	2.12 KB	image/x-generic	0644
	header.png	3.7 KB	image/x-generic	0644
	header_blank.png	24.59 KB	image/x-generic	0644
	headline.png	2.88 KB	image/x-generic	0644
	headline4.png	2.76 KB	image/x-generic	0644
	homepagetop.gif	1.88 KB	image/x-generic	0644
	icon.gif	996 Bytes	image/x-generic	0644

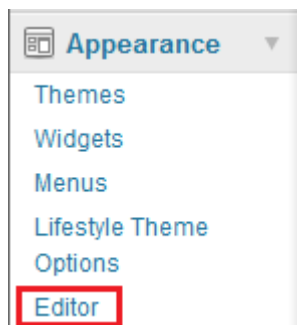
After that, login to your WP admin, e.g. <http://www.yourdomain.com/wp-admin>

Username: **admin**

Password: **abcd12345678**

Don't worry; you can change this once you are inside the admin dashboard.

Click **“Editor”** under **“Appearance”** section at the left hand side of the WP admin dashboard.



You will see “**Lifestyle: Stylesheet (style.css)**” page.

Scroll down until you’ll find “**Header**” section.

You can change the name according to the header file that you have just uploaded.

Lifestyle: Stylesheet (style.css)

```
/******  
*      Header  
*****/  
  
#header {  
    background: #85ACAC url(images/acne_header.png);  
    width: 960px;  
    height: 100px;  
    color: #FFFFFF;  
    font-size: 11px;
```

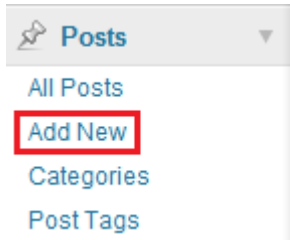
Update File

When you finish, Click “**Update File**”

You are done!

4. How to include thumbnail in the posts

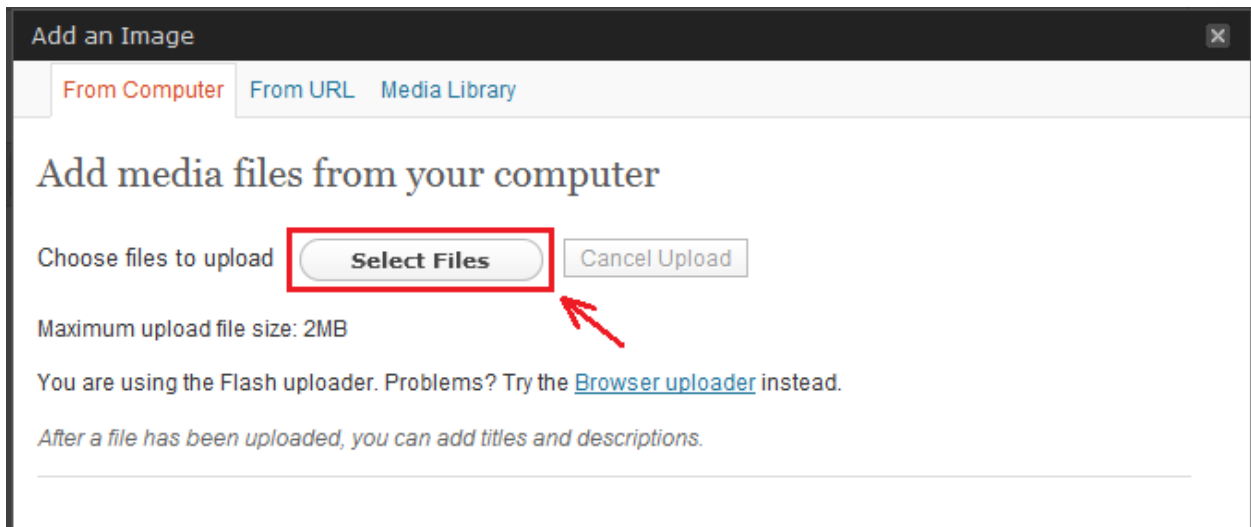
Click “New post” from the left hand side of the WP admin dashboard.



After creating a new post, click the button below.



“Add an Image” window will appear. “Select Files” of your image.



Then click **“Upload”**.

Then scroll down until you’ll find **“Link URL”**. Copy the link and then press **“Save all changes”**.

Title *

Alternate Text
Alt text for the image, e.g. “The Mona Lisa”

Caption

Description

Link URL

Enter a link URL or click above for presets.

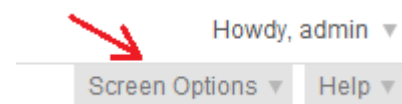
Alignment ☒ ☐ None ☐ Left ☐ Center ☐ Right

Size ☐ Thumbnail ☐ Medium ☐ Large ☒ Full Size
(70 × 70)

[Delete](#)

←

Click on **“Screen Options”** from the top right.



Tick **“Custom Field”**.

Show on screen

☒ YQL Auto Tagger ☐ Excerpt ☐ Send Trackbacks ☒ Custom Fields ☐ Discussion ☐ Slug ☐ Author ☒ Categories ☐ Post Tags

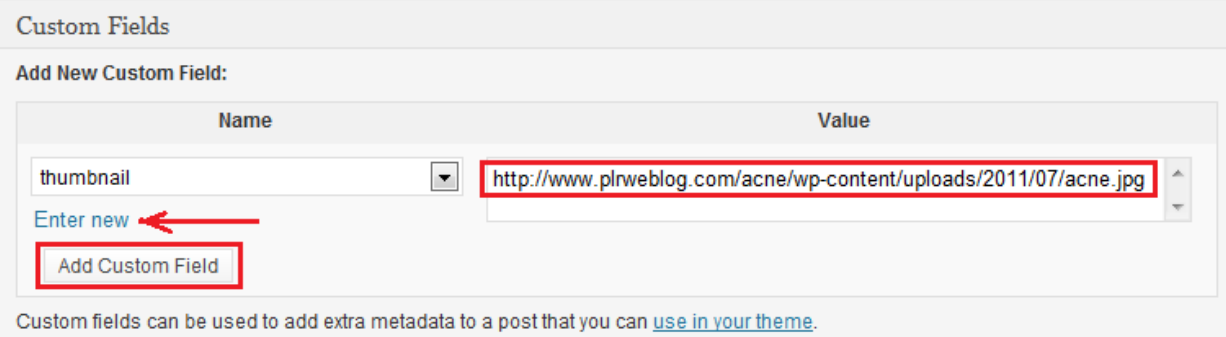
Screen Layout

Number of Columns: ☐ 1 ☒ 2

Scroll down until you'll find **"Custom Fields"**.

Paste your image link under **"Value"**. Click **"Enter new"** then type **"thumbnail"**.


Click **"Add Custom Field"**.



Custom Fields

Add New Custom Field:

Name	Value
thumbnail	http://www.plrweblog.com/acne/wp-content/uploads/2011/07/acne.jpg

[Enter new](#) 

[Add Custom Field](#)

Custom fields can be used to add extra metadata to a post that you can [use in your theme](#).

Click **"Publish"**.

You're done!

****IMPORTANT**** Type **"thumbnail"** for images for categories at the left and right side of the main page. Type **"hpbottom"** for images for category at the bottom side of the main page.

See image below.

CAUSES & SYMPTOMS



Fast Food Does Cause Acne

There are two schools of thought on the relationship between acne and fast food. One school will say...



8 Causes of Adult Acne

The causes for adult acne are during the teen years for people who had acne...



Foods That Cause Acne

The embarrassing condition of acne has been blamed on a wide variety of causes throughout the ages. Many...

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TREATMENT



Acne cure

Acne is a severe skin disorder that plagues millions of people everywhere in the world. It more often...



Top Five Acne Remedies

Many people are concerned about perhaps the more important factor to consider...



Acne Scar Treatment

Acne scars develop after severe cases or when the acne has been forcibly picked or scratched. There are...

[Read More Posts From](#)

ARTICLES



How To Use Blackhead Remover

When ever you go to a beautician, dermatologist, cosmetologist, Always prefer to take your own tools with you to prevent yourself from blood born infections like Hepatitis B, Hepatitis C, HIV. How To remove Blackhead. It is highly advised that you should also consult your dermatologist for proper use of these quality tools. However, here we can give... [\[Read more of this review\]](#)



BOTTOM CATEGORIES

it of the world's population at some occasion in their life. It is in detail the most common skin disease treated by dermatologist and most of its victims are teenagers and adults. According to some technical research, acne is caused by different factors like hormones, bacteria, and some... [\[Read more of this review\]](#)



Taking Birth Control Pills to Fight Acne

Anybody who's ever had a run-in with acne probably knows that there's a vast array of products out there that all claim to get rid of zits fast and effectively. Unfortunately, there's just not that one miracle product out there that will cure everybody's acne ailments. More often than not, a person who suffers from acne has to try and test out... [\[Read more of this review\]](#)



Acne Prevention – Hygiene and Medication

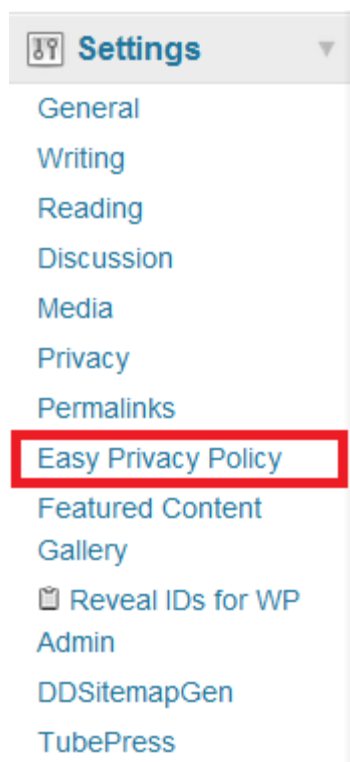
One of the most common misconceptions about acne is that it's caused by dirt. It's not! Acne is caused by a combination of factors you can't control, like your hormone

5. Changing Emails

Email information that you have change to yours.

5.1. Easy Privacy Policy

Go to “Easy Privacy Policy” under “Settings” section.



Insert your own email.

Easy Privacy Policy Setup v1.02

Instructions:

- Activate each section individually below to include them in your Policy. The checkboxes are not applied until you use the **Update** button.
- Use the **Update** buttons to apply changes to your privacy page *Immediately*.
- Use the keywords **@blogname** and **@email** for substitution within the privacy text. You can use them as many times as you like.
- The Page Url is the url that your Privacy Page will be set to, change this to make it more SEO friendly for your site.
- Click the *titles* and *text blocks* below to edit them, when you are finished editing press the **Update** button to apply changes.
- Urls of the format <http://www.somesite.com> will be automatically converted into a url link when published.

.. Please Donate To Support Easy Privacy Policy * Many Thanks *

@blogname Obsessive Compulsive Disorder

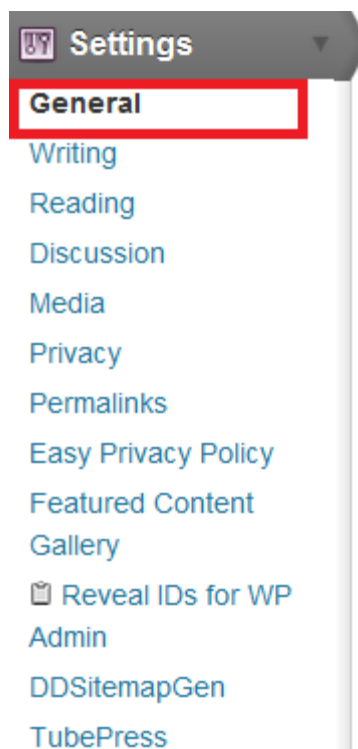
Page Title Privacy Policy

@email admin@plrweblog.com

Page Url privacy-policy

5.2. General

Go to “General” under “Settings” section.



Insert your own email here:

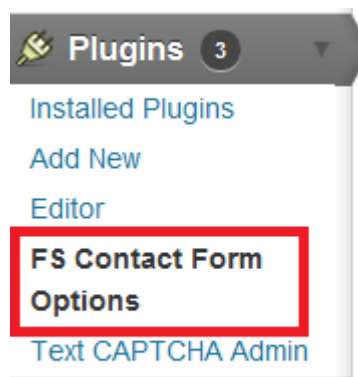


General Settings

Site Title	<input type="text" value="Obsessive Compulsive Disorder"/>	
Tagline	<input type="text" value="Just another WordPress site"/>	<i>In a few words, explain your site.</i>
WordPress address (URL)	<input type="text" value="http://plrweblog.com/obsessivecompulsivedi"/>	
Site address (URL)	<input type="text" value="http://plrweblog.com/obsessivecompulsivedi"/>	<i>Enter the address here if you have installed WordPress.</i>
E-mail address	<input type="text" value="admin@plrweblog.com"/>	<i>This address is used for admin e-mail.</i>
Membership	<input type="checkbox"/> Anyone can register	

5.3. Contact Us Form

Go to “FS Contact Form Options” under “Plugins” section.



Insert your own email.



E-mail: (form 1)

E-mail To:
Webmaster,admin@plrweblog.com

Custom E-mail From (optional): help

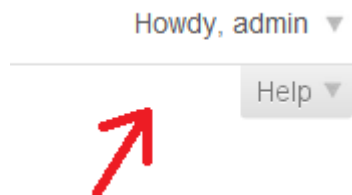
☐ Enable when web host requires "Mail From" strictly tied to domain email account. help

Custom Reply To (optional): help

Send E-mail function: WordPress

5.4. Profile admin

Go to the “Howdy,admin” at the right top of the your WP admin dashboard.



Insert your own email.

Contact Info

E-mail *(required)*

admin@plrweblog.com

Website

AIM

Yahoo IM